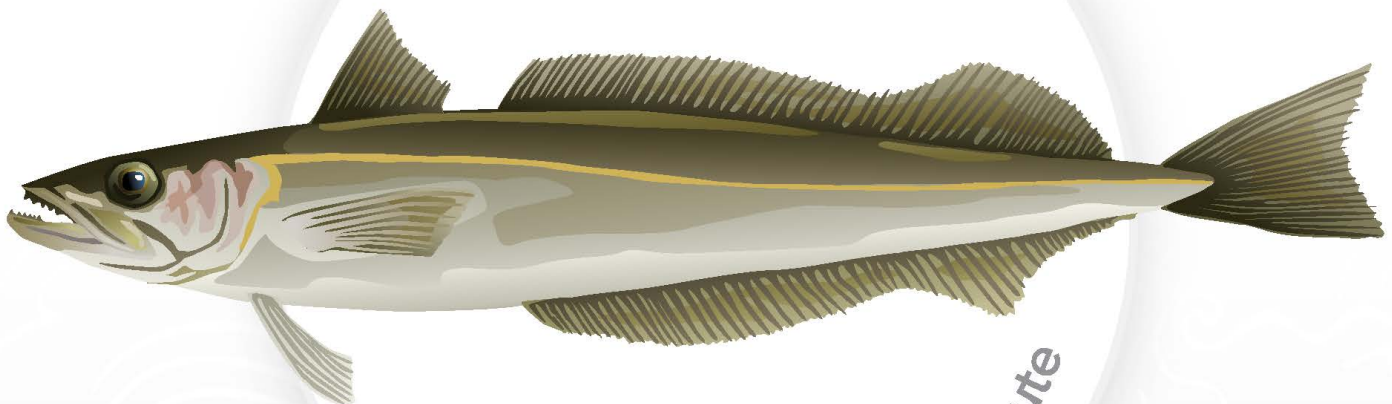


Biting into Whiting!

In the Gulf of Maine, whiting is an abundant underloved species that fishermen have been harvesting it for nearly a century. Whiting has a soft, flaky texture and sweet flavor. In many communities outside of Maine people have put their own culinary spin on whiting, using it in a range of dishes from fish sticks to fish and grits.

A
better
tomorrow
**starts
today.**



© Gulf of Maine Research Institute

